

# Roots and Rhythm

A relaxed outdoor session for families and young people to connect, play, and create music together in Wakehurst's wild landscapes.

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Join us throughout the year to explore the power of sound and nature at Wakehurst. Take part in a two-hour outdoor session designed for families and young people. Each session includes a gentle walk, creative music-making, and moments of mindfulness surrounded by nature. Suitable for ages 5+.

*'It was lovely to slow down, listen, and make music as a family. The kids haven't stopped talking about it.'*

## When and where

Saturdays, 16 May – 13 June

**Morning:** 10.15am – 12.15pm

**Afternoon:** 1.15pm – 3.15pm

**Location:** Meet at the Visitor Centre 15 minutes before the session.

**Free entry and parking.**  
**Pre-booking is essential.**

Register by emailing [wakehurstcommunity@kew.org](mailto:wakehurstcommunity@kew.org) with the subject line: Roots and Rhythm or calling **01444 894066** (ask for the Participation team).

# Wakehurst



[kew.org/wakehurst](https://www.kew.org/wakehurst)

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